

2010 Scheme

QP CODE: 203003

Reg. No.

**Second Professional B.A.M.S (Part I) Degree Supplementary Examinations
July 2022**

Swasthavritta – II

Time: 3 hours

Total Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

Essays

(2x10=20)

1. Describe roll of Asana and Pranayama in disease prevention.
2. Describe the objectives of NRHM.

Short notes

(10x5= 50)

3. Principles of nature cure
4. Dhyana in mental health.
5. Yoga package for diabetes mellitus.
6. Mud therapy
7. National anti-malaria programme.
8. Role of Ayurveda in PHC.
9. Health system in India (flow chart).
10. Intra uterine contraceptive devices.
11. Postnatal care in Ayurveda.
12. Types of diet in naturopathy.

Answer briefly

(10x3= 30)

13. Mode.
14. Data collection method.
15. CHC structure.
16. Steam bath.
17. Haelio therapy.
18. Therapeutic effect of fasting.
19. Savasan procedure.
20. Yoga and Moksha.
21. AYUSH.
22. Alma – Ata declaration.
